

A Message from our CEO - Russell Byrne

(Image: Russell portrait)

Introduction

The Royal Britannia Academy (RBA) is part of the Education Consortium's wide range of British accredited quality offerings in Kuwait. The Education Consortium is a non-profit education group offering a range of services to the community, including the Royal Britannia Kindergarten.



(Image: layout of all the logos in a grid)

The Academy delivers holistic, relevant, rounded and rigorous extra-mural activities like Art, Music, Drama, Dance, and Sports, along with numerous activities for ages 18 months old to 12 years of age, and above. These have been developed through dedicated environments with professionally qualified teachers and instructors.

Please feel free to browse through our list of offerings in this handbook. If you see something that you like, then please contact us to register and pay for the class. We offer a 10% discount for 10 pre-paid classes of one type. If there are extra-mural classes for an activity that you do not see in the list and would like us to add it, please contact us and make a suggestion. We would love to hear from you.

If you are a trainer and would like to discuss the possibility of offering classes in your specialisation then please feel free to contact us and give us your details. If we cannot immediately accommodate you, then we will place you on our list of pre-approved potential service providers, and should a vacancy arise we will give you the opportunity to showcase your skills.

Regards

RBA Manager

Our Activities

(Image:collection of images of different activities taken at RBA facility)

Gymnastics

Music

Dance

Ballet

Yoga

Pilates

Art Club

Ball Games

Parkour

Cooking

Hydroponics

Karate

Reading

Engineering, Design and Technology

Indoor Climbing Wall

Fencing

Science Club

Language: English, Spanish, Arabic



Activities Timetable

	Sun	Mon	Tue	Wed	Thu	Sat
9:00-10:00am		G		G		G E
10:00-11:00am	K	G Y B	K M	G Y	K M	G K M B Y E
11:00-12:00pm		T BG	M		M	A T M BG E
12:00-1:00pm		F				F H
1:00-2:00pm						W
2:00-3:00pm		P		P		P
3:00-4:00pm						
4:00-5:00pm		G BG B	M	G	M	G B M BG
5:00-6:00pm	K	G T Y P	K	G Y P	K	G K T Y P
6:00-7:00pm	K	F D	K		K	F K

G GYMNASTICS **K** KARATE **M** MUSIC **BG** BALL GAMES **B** BALLET **F** FITNESS
T TODDLER-MOM GYMNASTICS **Y** YOGA **H** HYDROPONICS **D** DANCE **P** PARKOUR
A ARABIC FOR CHILDREN **E** ENGLISH **W** WALL CLIMBING



ROYAL BRITANNIA ACADEMY

📍 RBK Al-Siddeeq | Block 4, Street 401, Villa 234 | Kuwait

الأكاديمية الملكية البريطانية

✉ hello@rba.education RBAedu

(I do not think we should have a timetable here so we don't reprint everytime we have a new schedule. The schedule could be an insertion added to the booklet)

Gymnastics

(Image: a gymnastic instructor helping a child maintaining a certain position)

Accreditation:

We are a proud British Gymnastics certified center, the highest accreditation that can be achieved in the United Kingdom. British Gymnastics is the UK National Governing Body for the sport of Gymnastics, dedicated to developing gymnasts, coaches and clubs across a range of disciplines. You can be assured that our quality is of the highest, and that the safe development and training of your child is our primary concern.



Facilities:

(Image: of the gymnastic facilities with equipment)

Our quality gymnastics equipment is second to none in Kuwait, specially chosen to be age-appropriate for the range of children at pre-school level and above, including toddler-mom gymnastics. We have invested heavily in a fully-fledged gymnastics centre utilising the very same equipment that is being used at the Rio 2016 Olympics & Paralympics – Summer Games in Brazil – just on a smaller scale to suite the children.

We teach children this fine sport involving the performance of exercises requiring strength, flexibility, balance and control through events such as vault, uneven bars, balance beam, floor exercise, pommel horse, still rings, vault, parallel bars, and the high bar. We also include rhythmic gymnastics, trampolining and tumbling, and aerobic gymnastics.



Instructor:

Andrea Molnar was a certified competitor of the Hegyvidek Sport Club in the section of Rhythmical Gymnastics in Budapest, Hungary between 1997 and 2007. She was in the top 8 positions at the Budapest Championship and Hungarian Championship. From 2010 to 2011 she was the trainer of the youth Rhythmic gymnastics team in Budapest, Hungary. She has helped children in training camps with the preparation for the competitions. Andrea works with mothers and children of all ages.

(Image: Andre portrait could be taken in gymnastic area)



Music

Accreditation:

RBA is accredited by The Associated Board of the Royal Schools of Music (ABRSM). The ABRSM is the UK's largest music education body, one of its largest music publishers and the world's leading provider of music exams, offering assessments to more than 630,000 candidates in 93 countries every year. ABRSM's mission is to inspire achievement in music. In partnership with the Royal Schools of Music, we support high-quality music-making and learning around the world. We offer pathways and resources for learners and teachers that help build musical skills, provide goals and encourage progress. (Image: A child playing or holding an instrument)



(Image: ABRSM logo)

Instruments:

Our wide-range of music instruments offers children a wealth of musical learning experiences. From drums to tambourines, cymbals to a gong, we have a wide range of age-appropriate musical instruments.

(Image: music room, different corners)



Dance

Accreditation: The Royal Academy of Dance (RAD) is one of the world's most influential dance education organisations. Our exams set standards in classical ballet and we are a global leader in Continuing Professional Development for dance. Founded in 1920 to set standards for dance teaching within the UK, today we have a presence in 85 countries, with 36 offices and about 14,000 members worldwide. We count more than 1,000 students in our teacher training programmes and more than a quarter of a million students are being examined on our syllabi. We support our membership through the knowledge, and expertise of our highly qualified staff and through conferences, workshops, training courses and summer schools. Our Faculty of Education is dedicated to meeting the needs of our current and future dance teachers by providing dance teacher education programmes and qualifications. Our exams are recognised by Ofqual and contribute to UCAS points. The RAD's patron is Her Majesty Queen Elizabeth II.



(Image: RADlogo)

Facilities

We have several rooms in our state-of-the-art academy that are ideal for dance classes. Since we are a British organisation, we encourage and promote the arts in every form, including dance.

(Image: image of the gym where mirrored dance class happen)

Ballet

Accreditation:

RBA is also accredited by the British Ballet Organisation, an international awarding organisation, delivering a world-renowned training and qualification programme. Throughout their history they have learnt that dance has the power to transform lives through a supportive and friendly environment and hope that more people will share this experience through our Dance Schools, Teaching Qualifications, Membership Services, Continuing Professional Development, Syllabus and Examinations. It is an inclusive, innovative, member driven organisation which aims to inspire participation and excellence through the education, training and promotion of dance.



(Image: bbodance logo)

Facilities:

Our ballet room has been custom designed to accommodate children and adults of all ages. We have full-length mirrors on both sides and two pairs of bars for different heights.



Our Teacher

Venna Grace Mendrez is a PreK, Middle School, and High School Physical and Health Education Teacher. She has a Bachelor Degree in Secondary Education Major in Music, Arts, and Physical Health Education from Cebu Normal University in the Philippines. Combining such interest in teaching and skill in dancing lead her to choose the field of teaching in Music, Arts and Physical Health Education. She started teaching dance in 2008 and it became her passion. She can perform and choreograph any kind of dance, from folk dance, ballet, ballroom, dance sports, contemporary dance or hip hop. (Image: Instructor portrait in teaching action)

Yoga and Pilates

Instructor: Dalia Akel

Dalia's passions are teaching, yoga and pilates. She gained the YRT 200 hours teacher qualification with YogaLondon in modified ashtanga and vinyasa flow in London July '16 and is a member of the Yoga Alliance. She also completed the 320-hr "Restorative Yoga" teacher training programme in 2017. Dalia gained certifications in Mat 1 and 2 in Balanced Body Pilates.

(Image: Instructor portrait in teaching action preferably out at the Hyde Park)

Accreditation: Yoga Alliance

Art Club

Facilities: RBA has a fully-equipped art room with all the materials and stationery that could be required.



Ball Games

Our Trainer: Zsolt Kerekgyarto was the Handball Coach at and has a Master of Physical Education Degree from the Faculty of Physical Education and Sport Sciences at Semmelweis University in Budapest, Hungary. He was head coach for the female Hungarian Handball First Division team. He has fifteen years experience teaching Physical Education in Primary and High Schools in Hungary. He has worked as a handball coach for different teams on different levels. In community service he was the manager of a 2nd Division Handball Club managing all coaches, junior and senior teams including female and male players.

Parkour

Accreditation: Established by some of the most experienced practitioners and coaches of the discipline of parkour/freerunning in the world and the City of Westminster, Parkour UK is the

National Governing Body for the rapidly growing discipline and works in partnership with various organisations and other agencies to develop and spread parkour across the UK. Parkour UK is a member of the Sport and Recreation Alliance and works closely with, and is supported by, the Association for Physical Education (afPE) and the Youth Sport Trust (YST). In addition to this Parkour UK is supported by Sports Coach UK and works in partnership with Ist4sport Qualifications, who are the awarding body for our coaching qualifications.



Facilities: Parkour, by its nature, uses all the different facilities and equipment available.

Our Trainer: Ahmad Ali Hussain AlOstath is a Certified Parkour Coach from Kuwait Olympic Gym by C. Mahdi Baqer the leader of PK Jaguars - Kuwait Parkour Academy, 2013. Ahmad is co-founder of the PK Jaguars team, and has been doing Parkour since 2006 teaching children and adults.



Hydroponics

Facilities: Our hydroponics and aquaponics facilities are custom designed to teach young children up to adults how plants, fish and water can be used in a working ecosystem to grow food for human beings. We inspire and support the children with gardening opportunities to enhance their skills and boost their development. When youngsters explore how to grow plants hydroponically (without soil), fruitful questions bloom: How can we provide support for plants without soil? How do plants grown with just water and nutrients compared with plants grown in soil? How can we get the tallest plants using a hydroponics setup? These types of questions can lead to active investigations and problem solving. Record-keeping becomes a natural outgrowth of these endeavours. Concepts related to basic plant parts and needs, nutrition, food production, recycling, agricultural technology and other areas come to life in these soilless growing environments. Not the least of the benefits is the joy of students harvesting a crop of their own incredible edibles!



(Image: Hydroponic image, kids in greenhouse working, scans of worksheets done by students)

Cooking

We have cooking lessons in our superb Jamie Oliver registered kitchen for children and adults. We have built a dedicated Chef's kitchen for the children to enjoy harvesting a crop of their own incredible edibles from the Hydroponics Laboratory and prepare and cook it for themselves and their families. We have chefs from top restaurants able to come in. (Image: children working in the kitchen)



Karate

Accreditation:

The International Federation of Karate (Kyokushin) was founded in 1992 by Hanshi Steve Arneil. IFK is a continuation of the Kyokushin Karate that was developed by Sosai Mas Oyama 10th Dan. The International Federation of Karate (Kyokushin) headquarters is based in the UK and has branches all around the world and it is committed to spreading and teaching Kyokushin Karate based on the Teaching of Hanshi Steve Arneil and under his guidance and supervision who is considered the direct link to the teaching of Sosai Mas Oyama.



Kuwait Federation of Kyokushin Karate is the official organization in Kuwait affiliated with the International Federation of Karate (Kyokushin). The KFK was founded in 2006 by the committee members of the KFK under the supervision of the Chairman Kyoshi Jassem Al-Duwaisan 7th Dan.

(Image: Karate actions instructor and children)

Facilities:

The facilities at RBA are an official Dojo. We engender physical health and agility, mind and spirit, discipline and concentration in the children. With the concept of 'goal attainment' (via the belt system) at the heart of martial arts, the sport provides a useful way for children to focus on moving 'up the ranks' and the sense of satisfaction and self-fulfilment this brings, building a child's self-esteem and confidence along the way.

Instructor: Sensei Ala'a Saranek (6th Dan)



Reading Club

Accreditation: None

Facilities: A state-of-the art library with character costumes that children can dress up in.

(Image:library image)

Instructor:

Ages: 18 months to 6 years old



Engineering, Design and Technology

Engineering

Children get to know that the environment and living things are influenced by human activity. They can describe some actions which people in their own community do that help to maintain the area they live in. They know the properties of some materials and can suggest some of the purposes they are used for. They are familiar with basic scientific concepts such as floating, sinking, experimentation.

Technology

Children get to find out about and use a range of everyday technology. They select appropriate applications that support an identified need, for example in deciding how best to make a record of a special event in their lives, such as a journey on a steam train.

Indoor Climbing Wall

Accreditation:

Facilities: We have created an artificial indoor climbing wall with fixings/holds that children can grip with their hands and feet allowing them to experience some of the joys of rock climbing in a safe supervised environment.

Instructor:

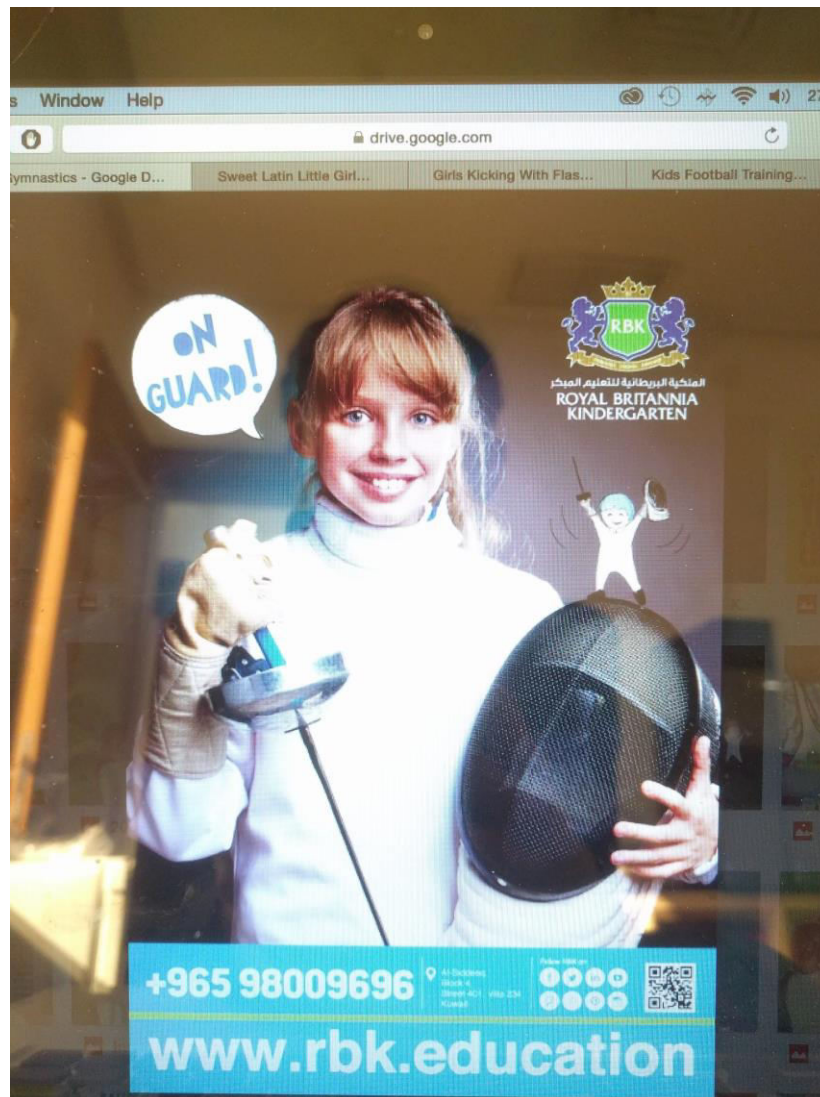
The photos below are just samples. They need the RBA logo, not RBK. (Image: climbing wall images and explanation of what sort of information they are getting from the print, this photo to be taken after completion of project)



Fencing

Instructor: Our fencing coach is an Olympian who is passionate about teaching the age-old art and sport of fencing through established posture and footwork methods, including Wheelchair Fencing, which is a Paralympic Sport.

The photo below is just a sample. It needs the RBA logo, not RBK.



Science Club

Through activities we encourage children to explore, problem solve, observe, predict, think, make decisions and talk about the world around them. They will start to gain the science knowledge that they'll build on throughout their primary school years, such as developing their skills of observation, prediction, critical thinking and discussion through force, friction, electricity, sound, light and many other things are explored...

Language Classes: English, Spanish, Arabic



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KD5 per class or KD45 for 10