

# Royal Mail



مجموعة الملكية البريطانية للتعليم  
**ROYAL BRITANNIA  
 EDUCATION GROUP**

**This newsletter serves to keep you informed of the happenings at RB as well as to keep you up to date regarding any information that needs to be known.**

**We thrive to embolden, engage and empower our students and we would not be able to do so without close communication with our biggest supporters, our parents.**

## NEWS AND REMINDERS

Notes from  
Headteacher

School Information and  
Reminders

## CALENDAR UPCOMING EVENTS

Thursday 9, December

**PINK Day**

## HEALTH AND SAFETY

Notes from

Royal Britannia Health  
and Safety Officer

## ACADEMIC MATTERS



**What Am I  
Learning?**

I am working on...



## CURRICULUM

We follow the Early  
Years Foundation  
Stage of the British  
National Curriculum



## TERM THEME

**ALL ABOUT ME**  
Healthy Me

## NEWS AND REMINDERS

We are pleased to announce the recent hiring of Ms Marwaa to the position of Senior Speech Therapist in our Communication And Language Therapy Team.

Ms Marwa is a qualified Audiology and Speech Pathology Therapist with great experience in supporting children with varying levels of speech, language and communication problems, or difficulties in stalling, drinking or eating.



Please note that school times are:

**07:45 am - 12:45 pm**

During school term time, punctuality ensures that students don't miss any part of the lesson.

Due to COVID-19 restrictions, students are collected from entrance gate and guided to classrooms by a member of RB staff.

Parents/guardians are not allowed inside without an appointment and COVID-19 vaccination certificate.

### SCHOOL UNIFORM

All students must wear the correct uniform:

Medium Blue denim pants with Light Blue polo style shirt from Marks and Spencers. The Royal Blue jumper/sweater must have NO patterns or designs.





## KD DAYS

Please continue supporting our  
1 KD days **every Thursday!!!**  
Yes, A little goes a long way, a little  
more goes further.

## MAKING AN IMPACT GLOBALLY

At RB we align ourselves with the 17 Sustainable Development Goals (SDGs) through our curriculum and teachings. In order to make an impact on a global scale and help in supporting the SDGs, we have joined B1G1. We will be dedicating each term to a minimum 4 SDGs through B1G1. Not only will we be creating awareness through lessons at school but we will be contributing the contributions we have been collecting every Thursday to various initiatives around the world.

## B1G1 Initiatives

1. **SDGs: Educate a Child With Special Needs (Nepal).**  
Help a child with disabilities to blossom by giving him or her access to a special needs education for one day.  
US 0.40 per day = 120 fils per impact
2. **SDGs: Provide Clean Drinking Water For Underprivileged Children (India)**  
Save The Children India through its programs provides potable drinking water for children.  
US 0.33 per day = 99 fils per impact

## THE GIFT OF GIVING

Five reasons to encore a child to donate to charity:

- Giving instills the value trait of **EMPATHY**
- Charity work produces **GRATEFUL** children
- Donating encourages the child's **PASSION**
- Donating teaches basic math and money **MANAGEMENT SKILLS**

**B1G1 'Change the World With Us'**





## UPCOMING EVENTS

Thursday 9, December

### PINK Day

Kindly allow your child to wear

**Pink** on **Thursday 09/12**

Pink is a colour that combines red and white. It symbolises youth, good health and playfulness.

Pink is thought to have a calming effect.



## ACADEMIC MATTERS

### I'M LEARNING TO...

#### THEME: HEALTHY ME/Fitness

**Vocabulary:** walk, run, jog, jump, clap, stretch, crawl,...

#### LITERACY

**Letter/Sound:** Group 1/2: **N,n**  
Recognise, say and write letters/sounds s,a,t,i,p, **n**

**Vocabulary:** nest, nut, nail, nine, net

**HFW:** Go - I go to school. I go home, I go to swim, Mum and dad go to work,...

#### WRITING/READING

Letter recognition  
Letter position  
Beginning sound, ending sound.  
Blending/Segmenting CVC words  
Short sentences

#### PRE-WRITING

Threading and lacing, with a variety of sized laces.

#### PHYSICAL & HEALTH

Balancing  
Pouring water jug to jug, jug to glass.

#### NUMERACY

##### Colour: **Purple**

Explores what happens when they mix colours (red + blue = purple)

##### Shape: Star

##### Numbers:

- Identify, represent, order and write numbers 1 to 8
- Number value
- Rote counting to **50**

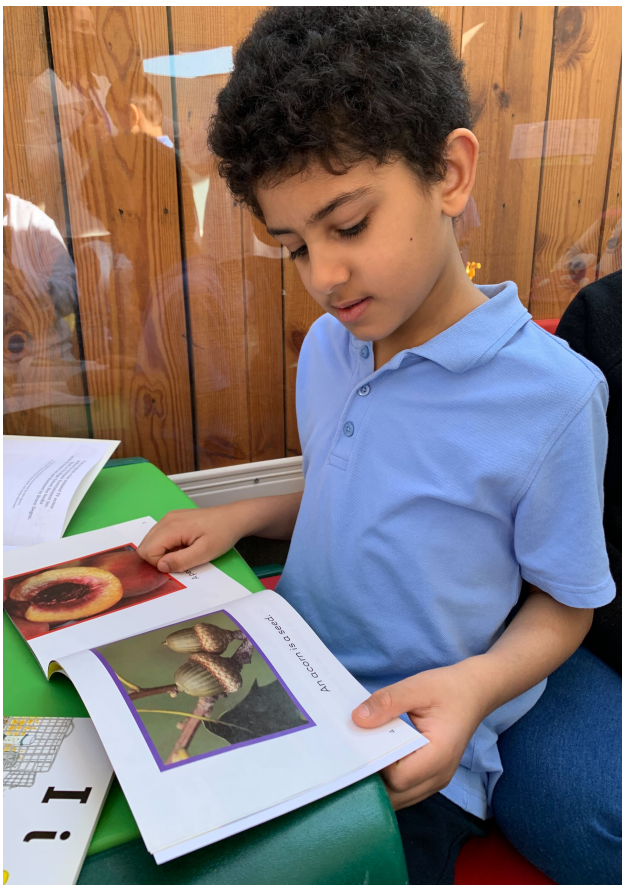
**Concept:** beginning to demonstrate an understanding of volume, size and measurement.

#### PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

##### MAKING RELATIONSHIPS

- Show a full range of emotional reactions
- Talks about own or other's feelings
- Manage emotional responses with adult support
- Declares rights and needs





## A Wonderful Environment Where Children Can Learn and Grow



### JUST PLAYING by Anita Wadley

**When I'm building in the block room, please don't say I'm "Just Playing."**  
For you see, I'm learning as I play about balances and shapes. Who knows, I may be an architect some day.

**When I'm getting all dressed up; setting the table, caring for the babies, Don't get the idea I'm "Just Playing."** For, you see, I'm learning as I play; I may be a mother or father some day.

**When you see me sitting in a chair, reading to an imaginary audience. Please don't laugh and think I'm "Just Playing."** For, you see, I'm learning as I play; I may be a teacher someday.

**When you see me combing the bushes for bugs, or packing my pockets with choice things I find; don't pass it off as "Just Play."** For, you see, I'm learning as I play; I may be a scientist someday.

**When you see me engrossed in a puzzle or some "plaything" at my school, Please don't feel the time is wasted. For, you see, I'm learning as I play. I'm learning to solve problems and concentrate. I may be in business some day.**

**When you see me cooking or tasting foods, Please don't think that because I enjoy it, it is "Just Play."** I'm learning to follow directions and see differences. I may be a cook someday.

**When you see me learning to skip, hop, run and move my body; Please don't say I'm "Just Playing."** For, you see, I'm learning as I play; I'm learning how my body works. I may be a doctor, nurse or athlete someday.

**When you asked me, what I've done at school today, And I say "I just played"; please don't misunderstand me. For, you see, I'm learning as I play. I'm learning to enjoy and be successful in my work; I'm preparing for tomorrow.**

**Today, I am a child and my work is play.**

# HEALTH AND SAFETY

## Exercise For children and Young People

There's loads of evidence which shows exercise is an important key to reducing our risk of major illnesses such as heart disease, stroke, diabetes and cancer. Research also shows that regular physical activity can boost our self-esteem, mood and sleep quality, making us less prone to stress, depression and dementia. But because of our modern lifestyles and an increasing reliance on technology, we are less active nowadays, both as adults and as children.

Research indicates that inactive children are likely to become inactive adults, putting young people at risk of developing life-threatening conditions such as heart disease and cancer. This is why it's important to encourage exercise and keeping fit from a young age.

Regular exercise has lots of health benefits for children and young people, such as:

- improving fitness
- providing an opportunity to socialise
- increasing concentration
- improving academic scores
- building a stronger heart, bones and healthier muscles
- encouraging healthy growth and development
- improving self-esteem
- improving posture and balance
- lowering stress

[www.gosh.nhs.uk](http://www.gosh.nhs.uk)



## WATER BOTTLES

**Keeping hydrated is extremely important. Kindly send your child/ children with a water bottle to school every day. Water bottles are easier to take to different classes and make for easy refilling when needed.**

**THANK YOU!!!**

## SICK STUDENTS

**Out common courtesy for others, please DO NOT send your child to school if sick. We will immediately send children home who are unwell.**

**KINDLY PROVIDE WITH A DOCTOR CERTIFICATE ON RETURN TO SCHOOL.**

**And reminder to kindly check your child/ children's nails to ensure that they are clean and short length for school.**







# RB GALLERY





**‘You Are Capable of Anything You Set Your Mind To’**

